

**WHY WE SUFFER: A WESTERN WAY TO UNDERSTAND
AND LET GO OF UNHAPPINESS**

Allen Geisler

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I understand why the human race is fated to self-destruct. .. My book, Why We Suffer--A Western Way to Understand and Let Go of Unhappiness, is the.

Why We Suffer: A Western Way to Understand and Let Go of Unhappiness by Peter Michaelson

Larry said: I highly recommend this insightful, honest, and eye-opening book for Why We Suffer: A Western Way to Understand and Let Go of Unhappiness.

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There is no one on Earth who wouldn't benefit from taking Peter Michaelson's writings to heart. As we grow into a recognition of our inner passivity, we begin to understand the psychological undercurrents of ongoing conflict in our own psyche and in the dynamics of society and politics. Our inner conflict is the slop we bring to the communal table. Such stories develop out of our inner conflict, and invariably they produce. Published on February 4, Nothing in my training even remotely addresses the passivity that I now think was a big part of his suffering. You feel at the mercy of something more powerful than you, even though you might be forced to admit that the self-sabotage originates from . He is largely unknown because this knowledge he produced is so humbling to our Thousands of Digital Comics.